

Autumn 2009 Training

All sessions to be held at City Mills, Skeldergate 10am – 12 noon

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| Wednesday 5th August
10 – 12noon | The Challenges we face working with people with dementia and their carers
Peter Cox Mental Health Trainer |
| Thursday 10th September
10 – 12noon | Telecare- what is available & referral for the service
Jan Healey, Occupational Therapist, Telecare, CYC |
| Thursday 8th October
10 – 12noon | Food Hygiene and Nutrition
Richard Siddall, Fit as a Fiddle Co-ordinator |
| Tuesday 10th November
10 – 12noon | Personal Safety and Lone Working
Deborah Palmer, Crime Prevention Officer, North Yorkshire Police |

Travel expenses will be reimbursed. Please keep all your receipts e.g. bus tickets and keep a note of your mileage. **We are keen to start promptly. PLEASE NOTE: DUE TO PRESSURE OF SPACE THERE IS NO PARKING AT CITY MILLS.** Parking is available at St George's Field and Bishopthorpe Rd. We will reimburse your parking costs for the session.

If you wish to attend any of the above courses, please print out this page and when you have completed it, please return it to: In Safe Hands, Age Concern York, 70 Walmgate, YORK YO1 9TL

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| I will/will not be able to attend | 5 th August | The Challenges we face working with people with dementia and their carers |
| I will/will not be able to attend | 18 th September | Telecare |
| I will/will not be able to attend | 8 th October | Food Hygiene & Nutrition |
| I will/will not be able to attend | 10 th November | Personal Safety & Lone Working |

Name.....

Scheme you volunteer for.....